# 312<sup>th</sup> MI BN Family Guide to Deployment

January 2004

312<sup>th</sup> MI BN 1st Cavalry Division Fort Hood, Texas

**SILENT WARRIORS!** 

Silent Warrior Families,

This handbook is designed to provide you with essential information you may need while your soldier is deployed away from Fort Hood in support of Operation Iraqi Freedom.

You can be proud that your soldier is part of a great team. The 312<sup>th</sup> Military Intelligence Battalion is one of the most decorated battalions in the United States Army today. It provides superb support to the 1<sup>st</sup> Cavalry Division and its lineage includes service in the Pacific Theater during World War II, the Korean War, Vietnam, Desert Storm, Bosnia, and most recently Operation Enduring Freedom.

We've worked hard to prepare ourselves for this deployment, to successfully complete our assigned missions, and to return every *Silent Warrior* soldier home safely. I appreciate the sacrifices you've made to allow this vital training to occur. I also appreciate the preparations you've made to keep your family safe and steadfast during the months ahead. Soldiers must focus on skills that will keep them alive and they can only do that when they know their families are safe and secure back home. We recognize that having a plan to sustain the family finances, to keep the family's vehicles and home operational, and to continue to nurture and educate your children all contribute to soldier readiness. That's why Family Readiness Groups in our companies and battalion are so important. I encourage each of you to take advantage of this marvelous resource and the talented spouses who comprise our battalion family. They will be a source of support, fellowship, humor, perspective and inspiration while your soldier is deployed.

Additionally, we will maintain an active Rear Detachment, located within the Engineer Brigade Headquarters, to help you with specific problems that arise. CPT McIntire and her staff have been trained to tackle many common deployment challenges or direct you to the right agency that can help. Please feel free to come in during duty hours to seek her assistance. Their contact information is in this handbook.

Finally, we have created a battalion Internet Website to keep you informed on battalion activities both here at Fort Hood and in the CENTCOM Theater. Please pass this site to family members across the country. It will help bridge the distance between you, your family, and your deployed soldier.

#### SILENT WARRIORS!

CHRISTOPHER S. BALLARD LTC, MI Commanding

### Chaplain Maracle's Words For the Family Guide to Deployment

Deployments of all kinds seem to be the food of the First Cavalry Division. The Division has a healthy appetite. Each of us who are soldiers are swallowed up into a never ending stream of taskings that pull us to NTC, to Bosnia, to Kuwait, and to other places, we never thought we would see. In fact, staying at Fort Hood and supporting those who leave can be even more demanding on one's energy. As soldiers, this is a part of our commitment to serve, and is also a part of the challenge of military life. Yet, soldiers are not the only ones to feel the heavy weight of the deployments and the burden of separation.

Our loved ones also carry the heavy burden. We go, but they stay at home. Our wives and husbands, our children, our parents, and our friends are left behind here at Fort Hood. It is not easy to leave those we love for a far away foreign land. We miss each other. Separation causes the family to go through a wrenching and a pulling, which often causes damage. Often families are unable to survive the trauma. The damage is occasionally terminal. The stress on a military family is tremendous; and we make a sacrifice that no other career can come close to. Is there somewhere to turn for help?

We do not have to bear this burden of deployment and separation alone. You do have a wider community, an Army community that understands and cares. For you, the *Family Readiness Group* (FRG) is one avenue to help when your loved one is on a deployment. Those of us involved in the 312<sup>th</sup> Military Intelligence Battalion FRG is able to lend a helping hand to any spouse in need. Army spouses are a part of every FRG, and can help you to work through the tough times during a deployment. Army Community Services is also here to meet your financial and family needs. First Cavalry Division has a wide range of religious and community resources that can help you.

You are not without a friend. I encourage you to keep active in the Family Readiness Groups. These groups may not be perfect, because none of us are. However, they do help. Stay close to your Army family, your religious communities, and other people who care about you, and your love ones. I guarantee you this; you are loved and cared for.

TIMOTHY MARACLE Chaplain (CPT) USA Battalion Chaplain

### In case of emergency call 911

AER (Army Emergency Relief) American Red Cross (24 hours)

To schedule classes **Battalion Staff Duty** 

Emergency Room (Darnall after hours)

Emergency Food Assistance

Fire

Off-post
On-post
HOTLINE (24 hour Chaplain)
MP (Military Police) Desk at Fort Hood

Spouse/Child Abuse

288-5003

1-877-272-7337/287-4745

287-8979/286-5040

287-2714 287-8113/8114 554-3400

911 117 287-CHAP 287-4001

288-6774

Alcohol and Drug Abuse Prevention Services 287-7497
Alcoholics' Anonymous (Killeen) 634-5959
Army Community Service (ACS)
Consumer Affairs 287-8982/287-CITY (2489)/288-2866

 Welcoming and Relocation Assistance
 287-4471/4485/8595

 Loan Closet
 287-4471/4485/8595

Mobilization & Deployment 288-5156
Army Continuing Education Services (ACES) 287-4824
Civilian Personnel Advisory Center 288-2002
Cove House 547-4673
Dental 28-TOOTH
Family Advocacy Program 312<sup>th</sup> Command Financial Specialist 286-5040
Garrison Chaplein's Office 288-6545

 Garrison Chaplain's Office
 288-6545

 Information, Tour, and Travel (ITR)
 287-7310

 Lane Volunteer Center
 287-8657

 Legal Aid Society of Central Texas
 1 (800) 234-6606

 Legal Assistance (1st Cav)
 287-3199

Medical (Darnall Army Community Hospital)

 Information
 288-8000

 Appointments
 288-8888

 Patient Assistance
 288-8156/8168

 Darnall Emergency Room (after hours)
 287-8113/8114

 Physical Activities Division
 287-1306

 Rear Detachment
 287-0753

 Physical Activities Division
 287-1506

 Rear Detachment
 287-0753

 Salvation Army
 634-7172

 Texas Workforce Commission
 200-2000

 United Way Agencies
 634-0660

Youth Services 287-0335/288-1398/288-1699

### **American Red Cross**

The American Red Cross is here to provide certain services to you and your family members. In the event of death or illness or other emergency concerning immediate family, call the Red Cross (287-4745) to notify your military family member if deployed. American Red Cross is located in two places:

- 1. Emergency Services in Building 1822 (old white WWII buildings) on Battalion Avenue and 49th Street next to the Oveta Culp University Center (near Hood Road). They can be reached at 287-4745/4746 (24 hour line).
- 2. Classes and Disaster Relief are in Building 1850 on the corner of Battalion Avenue and 50th Street call 532-3800.

Some of their services include:

- 1. Counseling.
- 2. Reporting services: Emergency leave, emergency situations at home, compassionate reassignment, overseas deferment, and hardship discharge.
- 3. Emergency financial assistance.
- 4. Volunteer opportunities.
- 5. Discharge and review board counseling.
- 6. Health, safety, and lifestyle courses: AIDS education, CPR, First Aid, and baby-sitters class. For courses call 532-3800.

# Army Emergency Relief (AER) [Part of Army Community Service (ACS)]

AER is a non-profit organization with the sole mission of helping soldiers and their families in times of legitimate emergency financial needs. They provide emergency financial assistance in the form of an interest-free loan and/or grant. They also offer information regarding the AER educational assistance program. AER is located in Building 1 on 761st Tank Battalion Avenue (across from the III Corps Building). They can be reached at **288-5003**. (MUST CONTACT BN CFS FIRST.)

Assistance is provided for:

- Rent to prevent eviction
- · Utilities to prevent shut-off
- Emergency travel
- Food

AER considers other emergencies on a case-by-case basis.

For assistance you should:

 Contact the 312th Command Financial Specialist (CFS) SFC Harding @ 286-5040

For more information see III Corps and FH PAM 608-3 Family Support (Readiness) Guide to Deployment.

# A chaplain can be reached 24 hours a day by calling: $287\text{-}CHAP\ (287\text{-}4357)$

### Other counseling services can be reached at:

287-2943
287-CARE (287-2273)
287-7650
287-5131
287-6310
287-8615
287-8653
287-4034
634-8309
634-1184
288-6474

### FORT HOOD CHAPEL SERVICES

PROTESTANT WORSHIP SERVICES

All on Sunday

Traditional 0900 33rd St. Chapel
1CD Memorial Chapel
(73rd St & Battalion Ave.)

1100 4ID Memorial Chapel (25th St & Battalion Ave.)

1100 13th COSCOM Chapel (67th St & Battalion Ave.)

Contemporary 1100 1CD Memorial Chapel 1100 West Fort Hood Chapel (For single soldiers) 1800 4ID Memorial Chapel Gospel 1100 Post Chapel

(Old Copperas Cove Rd)

1100 (temporary) 76th Street Chapel (At Smith Middle School on Tank Destroyer behind commissary)

1100 (temporary) 19th Street Chapel

(At building 134 near clothing sales on 761st Tank Bn Ave)

Charismatic 1600 13th COSCOM Chapel
Lutheran 0900 4ID Memorial Chapel
Samoan 1300 1CD Memorial Chapel
Episcopal 0900 Hospital Chapel
(Basement level)

CATHOLIC MASS

Saturday

Sunday

Monday-Friday 0630 (Daily Mass) Hospital Chapel

1130 (Daily Rosary) Red Team Chapel (58th St & Bn Ave)

1200 (Daily Mass)
Red Team Chapel
1430 (Confession)
Red Team Chapel
0815
Post Chapel
1000
Red Team Chapel
1200 (Spenish)
Red Team Chapel

1200 (Spanish) Red Team Chapel 1230 4ID Memorial Chapel 1700 Post Chapel

ORTHODOX SERVICE

Sunday 0900 13th COSCOM Chapel 1000 Hospital Auditorium

(Basement level classroom 1 & 2)

JEWISH SERVICE

Friday 1800 West Fort Hood Chapel

When your spouse departs for duty, many tasks, which are normally handled by one of you alone or by both of you, are going to be your responsibility. Some of you are already prepared, but for others this may be your first attempt at handling everything while your spouse is gone. Because of this, some of the following lists of items need to be discussed between you and your spouse before he or she leaves. This list is not all-inclusive, but it serves as a guideline, which you can follow to get ready:

Do you know where these items are located?

Wills

Life Insurance Policies

Birth Certificates

Shot Records

Medical Records

Power of Attorney

Lease

Checkbook/Bank Account Number

ATM Card/PIN Number

Marriage License

Adoption Papers

Tax Forms

Baptismal Certificates

Children's School Records

Some things may expire during your spouse's absence. Do you know when they expire? Some of these may be:

Dependent ID Cards

Auto Insurance

Auto Registration

Auto State Inspection

Household Property Insurance

Lease/Rental Agreements

Club Memberships

Driver's License

Renter's Insurance

Credit Cards

Magazine Subscriptions

What about child care? Some arrangements you might consider are:

Special medications for your child

Babysitters

Youth Activities

Appointments with Doctors

Transportation to and from School

School Transfers

ID Cards (children 10 and over must have a military dependent ID Card)

How about emergency telephone numbers and locations? You should know how to obtain:

**Emergency Medical Care** 

Dental Care

Police

Fire Department

Pest Control

Work Order Desk

Plumber

Electrician

AER

Rear Detachment Commander

Family Readiness Group Leader

Landlord

NOTE: Most of the phone numbers above can be found in this booklet, but it is always best to double check the phone book since you may be living in a different town/area that is not covered in this booklet.

Monthly bills have to be paid. Do you know all you need to know about them? Prepare yourself a list using these guidelines:

Creditor Name-

Address-

Phone Number-

Account Balance-

Due Date of Payment-

Amount Due-

Credit Limit-

Expiration Date for Credit Cards-

Authorization to use Credit Cards-

Taking care of automobile	es. What may need to be done? When? Where?
	Oil Changes
	Types of Gas
	Tune-ups
	A good, reliable mechanic
	Tire Pressure
	Tire Rotations
	Insurance
	Registration State Inspection
	·
You never know what info Guidelines:	ormation you may be asked about your spouse. Do you have it all?
	Full Name
	Social Security Number
	Rank/Grade
	Company/Battalion/Branch
	Home of Record Address
	Birth Date
	Birth Place
	Naturalization Information (if applicable)
	Parent's Name
	Parent's Address/Phone Number
If you are able to provide	this information quickly and easily, you will be much better prepared when your spouse goes to the field or gets deployed.
	BATTALION BUSINESS
problem. If you have not Usually your point of con	oblem/deployment, you will usually be given a Chain of Concern Roster of phone numbers which shows who you should call first if there is a received one for a deployment, or you have never gotten one since you have been in the unit - ASK! Remember it does not hurt to ask. tact will be a Family Readiness Group (formerly called Family Support Group) leader or the "stayback" Commander or First Sergeant. If you in charge while the unit is away can be reached by calling the Battalion SDO/SDNCO (Staff Duty Officer/Staff Duty Non-Commissioned
	POSTAL INFORMATION
	to your spouse during a deployment by using the address information provided through the Chain of Command (military personnel) or Chain unay call your company or the SDO/SDNCO (see above) and they will be able to provide you with it.
	LEAVE AND EARNINGS STATEMENT (LES)
	order for you to pick up your spouse's LES you need to have a Power of Attorney. Talk to your spouse to find out the specific requirements at, or ask the Chain of Concern or Family Readiness Group Leader.

## DOUBLE CHECK BEFORE EACH FIELD EXERCISE OR DEPLOYMENT

<u>Telephone Numbers</u>: have handy <u>Financial Obligations</u>: know what bills are due and when and where Paycheck: if it is not a joint account, have a Power of Attorney
Names and account numbers: of banks, credit cards...

ID Cards: expiration date?

Auto: good condition? Insurance? Extra keys? Registration? Inspection?

Doctor and Dentist: have a plan to stay on track with you appointments and check-ups

Also be sure to refer to the pamphlet III Corps & FH PAM 608-3 Family Support Guide to Deployment. The most current copy is dated 01 April 1998, however older copies are still useful.

For each deployment you should receive a new Chain of Concern roster or a confirmation that the current one is still in use. If you have never received a Chain of Concern roster since you have been in the Battalion, call your corresponding Company Family Readiness Group Leader listed below.

In the 312<sup>th</sup> Military Intelligence Battalion there are numerous caring individuals who would love to HELP our families throughout the Battalion. They are volunteers that have had some of the same worries and emergencies that can happen to any of us. Through their experiences, they have become better survivors of military life and would now like to extend their CARING and KNOWLEDGE when problems come your way. Please get to know them and the rest of the 312th Family.

#### HHC

Kristen Bishop

A Company Brooke Haley Bobbi Lawson

**B Company** Chris LeClerc

C Company Wendy Akin

**D Company** Anna Walker

\*The following people can be reached through the staff duty.

### YOU'RE PART OF THE TEAM

Okay, I think I've got it now...let's see...

My spouse is going because there is a job to be done.

Before my spouse leaves, we need to sit down and discuss things like those mentioned in this booklet that will help me manage while we are apart.

After my spouse leaves, I need to:

Keep myself occupied with daily activities Keep in regular contact with other 312th spouses

Prove to myself and my spouse that I can manage my home and family while we are apart

Not let "problems" build up, but seek advice and help from friends and agencies that care about me and are anxious to help

Most of all I need to be proud of the job my spouse is doing and realize that I am an important part of the 312th Military Intelligence Battalion Family. I may not get recognized often, but my spouse could not do it without me!